



THE NORTHGROVE

2023-24 IMPACT REPORT



“I have been here since I was so young, so I’ve built a lot of my social and foundational skills here.”



RONNIE'S STORY

Sixteen-year-old Ronnie Harris has grown up at The North Grove. He first got involved with the community hub when he was seven and signed up for the first ever session of Young Cooks. He still remembers those first lessons about food safety, chopping fruits and vegetables, and making pancakes.

In the summer of 2015, The North Grove's Community Food Centre opened its doors on Primrose Street. A few staff recognized Ronnie playing with his friends in the neighbourhood and encouraged him to come by and check out the new space.

Before long he was enrolled in another Young Cooks session, and at only eight years old, he started helping out at the centre. Every Saturday morning at 6:00 am he would arrive eager to lend a hand at the Good Food Market & Café.

Throughout his school years Ronnie has remained connected to The North Grove. When the Community Farm was established, he helped with weeding,

digging, and moving soil. Following the pandemic when in-person programming returned, he began volunteering on Monday evenings for Family Supper.

Now, the high school senior is at The North Grove every week, cleaning, setting tables, serving meals to families, and acting as a positive example for the youth volunteers from the local Junior High.

This spring, Ronnie completed an 80-hour co-op placement with The North Grove. He built a deeper understanding of how non-profit organizations operate, from fundraising to management to outreach. He also helped staff facilitate many of the hub's community programs. He had a full-circle moment during his co-op placement when he helped to facilitate the Young Cooks program for a new generation of youth.

“I feel like I've been helped personally by so many different organizations, now it's my turn to give back.”

Read the full story at www.thenorthgrove.ca

YEAR IN REVIEW

RECORD DONATIONS SUPPORT RECORD NEED

In the midst of skyrocketing inflation, the **J & W Murphy Foundation** stepped up its support of The North Grove's community hub and pledged \$525,000 over five years to provide family support, food, friendship and so much more! Soon after their announcement a \$200,000 anonymous donation also arrived. We are so grateful to everyone who supports this community.

PILOT PROJECT RESPONDS TO SCHOOL FOOD INSECURITY

John Martin Junior High has no kitchen or cafeteria to feed its students. Fortunately, some attend The North Grove's weekly Community Lunch, and this year we tested preparing and delivering a meal to the school every week. With the help of the **BGC Greater Halifax, Nourish Nova Scotia** and financial support from The **Levenhurst Foundation**, The North Grove supplied 2,100 meals to students this year. Not surprisingly, mac and cheese was a big fan favourite!



"It's so much more than a resource centre. It's not just about the programming or the food - it's the support. The support means a whole lot more than whatever food I could eat."

Read Funke's story at
www.thenorthgrove.ca

NEW PARTNERSHIPS. NEW SERVICES.

Nurturing Strong African Nova Scotian Families was among several organizations bringing new programs to The North Grove over the past year. This ten-week program, creates a culturally safe space for families of African descent to share, learn and support each other. The program materials are dedicated to specific topics that have been identified as important in raising Black/African Nova Scotian children.

PRIMROSE PRESERVES RAMPS UP

Everyone loves **Primrose Preserves** and this year a special supporter helped us turn this occasional food skills program into a monthly learning opportunity. We tested five new recipes and produced more than 1,300 jars of chutneys, jams, compote, pickles and more! Stay tuned as we continue to grow this popular program that's chock-full of potential!

"I am from Bangladesh. My son and I had never been in a multicultural place like this before. Coming here – him to playgroup, and me to the parenting programs, we get to meet people from all different cultures and learn about the culture here in Canada. We are here every week. My son is only three and he knows the name The North Grove."

- Community Member



Courtesy of Dylan Brown Photography

Thanks to Community Food Centres Canada
for its support of The North Grove.



in partnership with

community food centres
CANADA cfccanada.ca

YOUR IMPACT

IT WAS A RECORD-BREAKING YEAR – OF HIGHS AND LOWS. FOOD INSECURITY AND THE COST OF LIVING SOARED. VISITS TO OUR TRADING CUPBOARD MORE THAN TRIPLED. BUT THE NORTH GROVE COMMUNITY WAS THERE TO HELP EVERY STEP OF THE WAY WITH A HUGE INCREASE IN VOLUNTEER HOURS AND FINANCIAL SUPPORT.



32,479

Healthy meals and snacks for families and individuals



22,621

Participant contacts



9,851

Volunteer hours contributed



2,205

Visits to our Trading Cupboard

YOU MADE ALL THIS POSSIBLE!

95%

say they feel they belong to a community at The North Grove

92%

say The North Grove provides them with an important source of healthy food

91%

say their parenting confidence increased because of attending family programs

80%

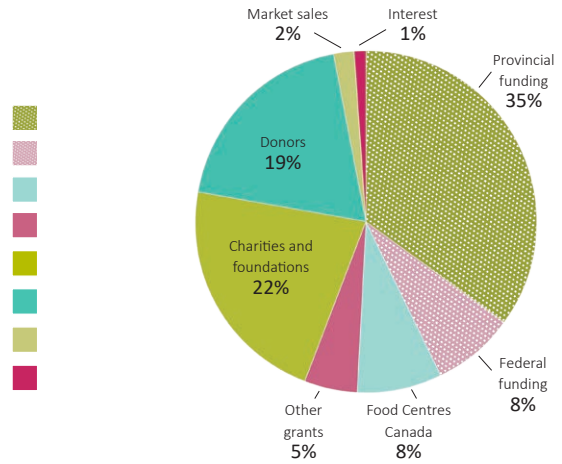
reported improved physical and/or mental health from coming to The North Grove



2023-24 REVENUE AND EXPENDITURES

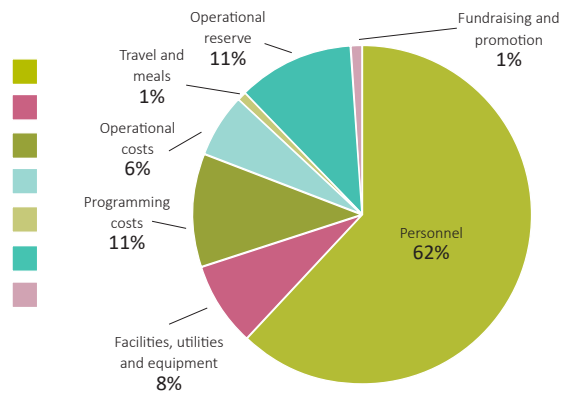
REVENUE

Provincial funding	925,017	35%
Federal funding	215,926	8%
Community Food Centres Canada	203,198	8%
Other grants	128,958	5%
Charities and foundations	591,131	22%
Donors	496,313	19%
Market sales	50,901	2%
Interest	31,705	1%
Total	2,643,149	



EXPENDITURES

Personnel	1,637,286	62%
Facilities, utilities and equipment	210,178	8%
Programming costs	297,696	11%
Operational costs	146,077	6%
Travel and meals	14,932	1%
Operational reserve	302,979	11%
Fundraising and promotion	34,001	1%
Total	2,643,149	



For full financials visit www.thenorthgrove.ca/reports

THE NORTH GROVE'S 2023-24 BOARD OF DIRECTORS



Left to right: Erin Murphy, Kristine Elliott-Grace (Vice-Chair and Treasurer), Doug Townsend (Chair), Susan Mullin, Sharon Clark (Secretary), Beth Grady, Shaune MacKinlay, Wendy Fraser (Executive Director)
Not pictured: Jacqueline Ruck, Nevell Provo

OUR SUPPORTERS

THANK YOU TO ALL OUR SUPPORTERS. VISIT THENORTHGROVE.CA TO SEE THE WONDERFULLY LONG LIST OF PEOPLE AND ORGANIZATIONS WHO MAKE THE NORTH GROVE WHAT IT IS.



"We hope our gift sends a message about how much we believe in The North Grove, and how much we value their efforts to bring food security, family support and friendship to so many."

- Lisa Murphy, J & W Murphy Foundation

FUNDING PARTNERS

Community Food Centres Canada
Department of Community Services
Nova Scotia Health Authority
Public Health Agency of Canada
United Way Halifax

SUSTAINABILITY SUPPORTERS

Anne Campbell & John Lindsay
J & W Murphy Foundation
John & Pat McCutcheon Charitable Foundation
Medavie
Sobeys
The Windsor Foundation

FOUNDATIONS, NONPROFITS & GRANTS

All Nations Church
Canadian Progress Club Halifax
Citadel
The Church of Jesus Christ of Latter-Day Saints
Clean Foundation
Department of Communities, Culture, Heritage and Tourism
Edwards Family Charitable Foundation
Enterprise Holdings Foundation
Feed Nova Scotia
Flemming Charitable Foundation
Halifax Assistance Fund
Halifax Youth Foundation
Human Rights Internet
The Langar Foundation
Levenhurst Foundation

Kiwanis Club of Dartmouth
MAZON Canada
NSCC Foundation
The Rossy Foundation
The Slight Family Foundation
Spencer Family Charitable Foundation

CORPORATE PARTNERS

Admiral Canada
BOYNECLARKE LLP
Bruno Builders
CAA Atlantic
Chapman Family Law
Conrad Brothers Ltd.
Davis Pier
East Coast Credit Union
Ecclesiastical Insurance
Fathom Studio Inc.
Fisherwick Collaborations
Fleet Sim Training Solutions Inc.
Global Public Affairs
Halifax District Activity Fund- District 6 Councillor Tony Mancini
Jim Kimber Construction
Killam Apartment REIT
Lake City Cider
Manulife Financial
Made With Local
McInnes Cooper
Ocean Contractors
O'Regan's Automotive Group
RBC
Sobeys Wyse Rd.
Stantec Consulting Ltd.
Staples
Unipco Ltd.

MAJOR DONORS

Marcella & David Abugon
Pamela Anderson
Anonymous
Lisa & Al Blair
Peter & Joanne Boyd
Amy & Lee Bragg
Cathy Chenhall & Patrick O'Regan
Francis Chisholm
Anne Cogdon & Vince Marsh
Christine Corston & Alastair Saunders
Wendy Fraser & Carol Dayment
Igor & Holly Geshelin
Dorothy & Dan Gibson
Susan Hachey
Susan Hazelwood
Mark & Michelle Jollymore
Emily & David Kay
Laurel King
Doris MacKaracher
Manzanita
Tanya Matthews
The Miedema Family
Susan Mullin
Cheryl O'Brien
Tom Purves
Gwen Romanes
James Sawler
Margot Spafford
Sue Sirrs & Laurie Stephenson
Albert Sweetnam
Doug Townsend & Renée Lavallée
Rose Wilson

PROGRAM PARTNERS

THE NORTH GROVE IS PROUD TO PARTNER WITH A WIDE VARIETY OF ORGANIZATIONS WHO SHARE OUR COMMITMENT TO BUILDING A THRIVING COMMUNITY.

Bedford and Forsyth Education Centres
BGC Greater Halifax
Community Volunteer Income Tax Program
Dalhousie Legal Aid Society
Dartmouth Adult Service Centre (DASC)
Dartmouth Community Health Team
Dartmouth Learning Network

Dartmouth North Public Library
Eating Disorders Nova Scotia
Ecology Action Centre
Feed Nova Scotia
GEO Nova Scotia
Halifax Shoebox Project
Harbour View Elementary School
Hike Nova Scotia
John Martin Junior High
Mobile Food Market

New Start Counselling
Nourish Nova Scotia
Nova Scotia Health
Nova Scotia Legal Aid
Nova Scotia Brotherhood
Nova Scotia Sisterhood
Nurturing Strong African Nova Scotian Families
SEED – Society for Enterprise Education and Development
United for Literacy

WE STAND TOGETHER

"I like working here. It makes me feel good inside."

- DASC Program Volunteer

Read about our partnership with the Dartmouth Adult Service Centre (DASC) at www.thenorthgrove.ca

All photos courtesy of Smickerdoodle Photography.

