



THE NORTH GROVE
We Stand Together

2022-23 IMPACT REPORT





“I’ve found that when kids are given that little bit of freedom, they really show that they can be wonderful members of community – and they want to be.”

- Brooke VanTassel

The North Grove. They both agree that the 45 minutes they spend at The North Grove goes by too fast. “It makes the rest of the day better,” says Isaac.

Some students are now bringing family members for tours of the farm, or to pick up produce at the market stall. They’ve also started coming to weekly community lunches, where intergenerational relationships are taking shape as they sit at tables with older community members.

After seeing the positive effects of this partnership, Brooke hopes other schools will explore ways to give students hands-on community experience.

Brooke says her students come from an eclectic mix of backgrounds and experiences. Some are newcomers, navigating being in a new place; some are dealing with struggles focusing in class; others are dealing with bullying and conflict.

Isaac and Jayden are two of Ms. VanTassel’s students. They share a love for basketball, cooking, video games and now,

Read the full story at www.thenorthgrove.ca

YOUTH PARTNERSHIP BUILDS COMMUNITY

As soon as Brooke VanTassel started teaching at John Martin Junior High, she knew she wanted to do something different with her grade seven classes. Then she drove by The North Grove and saw the community farm.

“I thought it would be amazing if I could get some of my students involved to do farm work or help in some way,” says Brooke. “I really wanted them to have that hands-on connection to know that they can make a difference.”

Brooke grew up in Sackville and was always quite close to the community in Dartmouth North. Coming into her first year of teaching at John Martin Junior High, Brooke knew she wanted to give kids opportunities to build community connections.

Fast forward 10 months, and Ms. VanTassel’s 95 grade seven students have

contributed more than 500 volunteer hours at The North Grove and are now an integral part of the community hub that’s just a five-minute walk from their school.

The students have helped in all areas of programming, from planting and harvesting to cooking and putting together meal kits.

“It’s made a world of difference in the students. Their work at The North Grove has really helped their self-development, confidence and ability to communicate and collaborate – things that can be difficult to build at school.”

- Brooke VanTassel, grade 7 teacher at John Martin Junior High



“It’s so fun there – and different than the rest of school.”

- Jayden (above right)

YEAR IN REVIEW



INVESTING IN PARTNERSHIPS

As a community hub, The North Grove is committed to bringing as many services to Dartmouth North as possible. That's why we've devoted an entire staff position to building and maintaining partnerships that will benefit The North Grove community, like our partnership with The Nova Scotia Sisterhood. See a list of our program partners on the back of this report.

"The North Grove has what I call 'staying power'. We've been here for almost 30 years, and people in the community have grown to know us and trust us."

- Caralee McDaniel

Tools for Good Photography

CELEBRATING 25 YEARS OF PRENATAL

Caralee McDaniel was a young mom when she founded The North Grove's unique prenatal program 25 years ago. Now, more than 500 expectant moms including Caralee's daughter, have benefited from the program and Caralee is the organization's longest serving staff member.

VOLUNTEERING IS BACK!

After relying on a small-but mighty-group of volunteers during the pandemic, our volunteer program returned to full swing, growing by more than 170% since January 2023. The North Grove now has more than 120 active volunteers.

FINALLY...SHARING MEALS TOGETHER AGAIN!

After almost three years of preparing and distributing more than 53,000 take-home meals, we welcomed community members back to The North Grove dining room with open arms.



Snickercoco Photography

In a year marked by high inflation and ever-increasing need, The North Grove was a constant in this community. Whether we provided take home meals, fresh produce, or opportunities to share and connect through parenting and children's programs, it all happened thanks to you and your support!

44,212

Healthy meals and snacks for families and individuals

5,891

Volunteer hours contributed

681

Visits to our Community Trading Cupboard

408

Parents and children participated in our family programs

YOUR SUPPORT MADE A DIFFERENCE

100%

of people feel they are welcomed and treated with respect at The North Grove

98%

of people said that The North Grove provides them with a healthy source of food

93%

of parents received information in The North Grove programs that was useful in guiding their child's behaviour

93%

of people feel they belong to a community at The North Grove

OUR SUPPORTERS

Thank you to all our supporters. Visit www.thenorthgrove.ca to see the long list of people and organizations who contribute to The North Grove.

THE NORTH GROVE BOARD OF DIRECTORS

Top row (left to right): Erin Murphy, Sharon Clark (Secretary), Shaune MacKinlay, Wendy Fraser (Executive Director), Cathy Chenhall (Past Chair), Kristine Elliott-Grace (Vice Chair and Treasurer), Jacqueline Ruck
 Bottom row (left to right): Nevell Provo, Doug Townsend (Chair), Susan Mullin

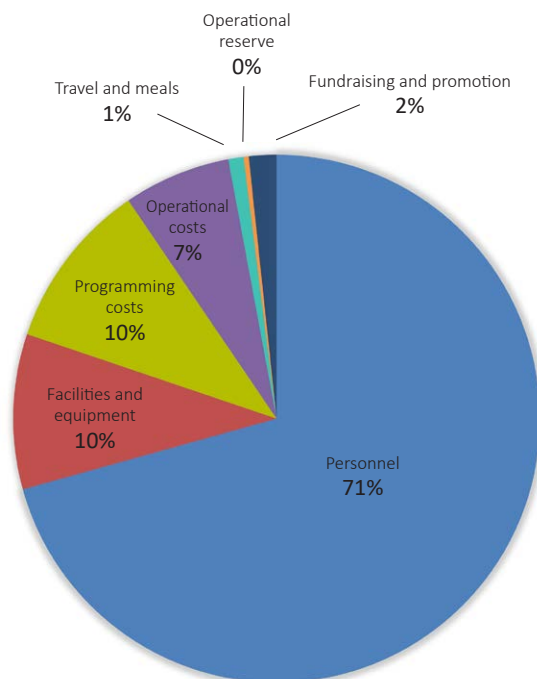
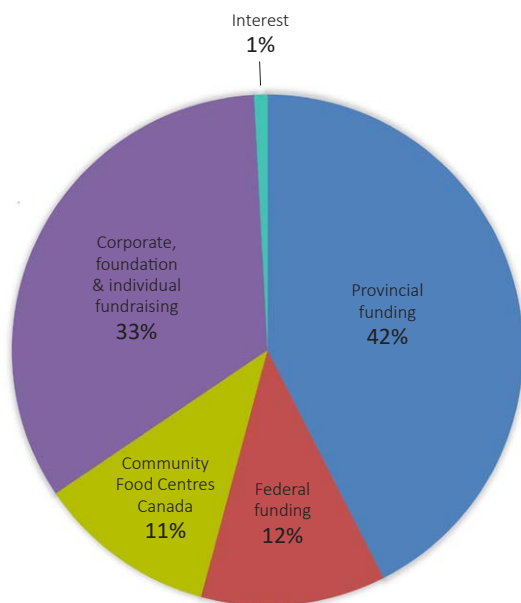
2022-23 REVENUE AND EXPENDITURES

REVENUE

Provincial funding	757,584
Federal funding	211,400
Community Food Centres Canada	205,000
Corporate, foundation & individual fundraising	593,718
Interest	15,155
Total	1,782,857

EXPENDITURES

Personnel	1,260,075
Facilities, utilities and equipment	169,517
Programming costs	183,741
Operational costs	117,131
Travel and meals	16,677
Operational reserve	5,583
Fundraising and promotion	30,133
Total	1,782,857



For full financial statements visit www.thenorthgrove.ca/reports

FUNDING PARTNERS

Community Food Centres Canada
 Department of Community Services
 Nova Scotia Health Authority
 Public Health Agency of Canada
 United Way Halifax

MAZON Canada

Spencer Family Charitable Foundation
 The Dorothy & Dan Gibson Foundation

MAJOR DONORS

Marcella & David Abugov
 Pamela Anderson
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 Peter & Joanne Boyd
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 Cathy Chenhall & Patrick O'Regan
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 Cheryl O'Brien
 Tom Purves
 Gwen Romanes
 James Sawler
 Laurie Stephenson & Sue Sirrs
 Albert Sweetnam

SUSTAINABILITY SUPPORTERS

Anne Campbell & John Lindsay
 Danny Chedrawe/Anchor Group (Atlantic) Ltd.
 J & W Murphy Foundation
 John & Pat McCutcheon Charitable Foundation
 Medavie
 Sobeys
 The Windsor Foundation

CORPORATE PARTNERS

BOYNECLARKE LLP
 BRUNO Builders
 The Canteen on Portland
 East Coast Credit Union
 Fathom Studio
 Fresh 21 – Nova Scotia Community College
 Halifax District Activity Fund – District 6 Councillor Tony Mancini
 Halifax ReTales
 Innovative Real Estate
 JASCO Applied Science (Canada) Ltd.
 Killam Apartment REIT
 Lake City Cider
 Made With Local
 McInnes Cooper
 Metrie
 Mill Supply Ltd.
 O'Regan's Automotive Group
 Power Promotional Concepts
 RFS Energy Consulting & Research Group Inc.
 Sobeys Community Fund
 Stantec Consulting Ltd.
 Trainyard General Store
 Touch of Gold

FOUNDATIONS & NONPROFITS

Clean Foundation
 Edwards Family Charitable Foundation
 Enterprise Holdings Foundation
 Feed Nova Scotia
 Flemming Charitable Foundation
 Halifax Assistance Fund
 Halifax Youth Foundation
 Hartman Matthews Family Trust
 Levenhurst Foundation
 Kiwanis Club of Dartmouth



"The people that go there are wonderful. It's just like family."

Read Troy's story at www.thenorthgrove.ca

PROGRAM PARTNERS

The North Grove is proud to partner with a wide variety of organizations who share our commitment to building a thriving community. Thank you for your big hearts and hard work.

Community Volunteer
Income Tax Program

Dartmouth Learning Network

Dartmouth North Public
Library

Direction 180

Flaxmobile Project

Feed NS

Forsyth Education Centre

Frontier College

GEO Nova Scotia

Harbour View Elementary
School

John Martin Junior High

Mental Health and Addictions
Program

Mobile Food Market

Nova Scotia Health

Nova Scotia Brotherhood

Nova Scotia Sisterhood

Nova Scotia Legal Aid

NSCC Achieve Program

Welcome Housing & Support
Services

Thanks to Community Food Centres Canada
for its support of The North Grove.



in partnership with

community food centres
CANADA cfccanada.ca

WE STAND TOGETHER



Snickerdoodle Photography

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 @the_north_grove

www.thenorthgrove.ca

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